

Love and Vocation

Imago Dei

LAST

To be able to describe what self love is

LESSON:

To be able to explain how believing in Imago Dei encourages people to love themselves

To be able to apply our understanding to issues surrounding self love and explain how to prevent and cope with them.

THIS

LESSON:

To be able to describe the three purposes of sex in the Catholic Church.

To be able to analyse three passages of scripture and explain what they teach about sex and contraception.

To be able to compare views in society about sex and contraception with the Catholic belief.

Find and Fix

Copy the following statements into your book, be careful though they are not all correct, make sure you correct them before you write them down!

Imago Dei means “made in God's image”.

God made us perfectly and accidentally, so we should trust that everything God made is good, so we must be good too.

God believes we are imperfect so we can trust in him and shouldn't love ourselves.

God has given us all gifts that are unique to us. God wants us to love ourselves in order to use and grow these talents.

We should love ourselves less than we love other people.

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Sex and Contraception

Learning Objectives:

To be able to describe the three purposes of sex in the Catholic Church.

To be able to analyse three passages of scripture and explain what they teach about sex and contraception.

To be able to compare views in society about sex and contraception with the Catholic belief.

Create a mind map in your book of what you think the Catholic Church teaches and believes about sex.



Characteristics of a Healthy, Loving Relationship

TASK: What does a loving relationship have to have?

What does a loving relationship look like?

Create a list or a mind map of the characteristic you think make a healthy, happy and loving relationship



Characteristics of a Healthy Loving Relationship

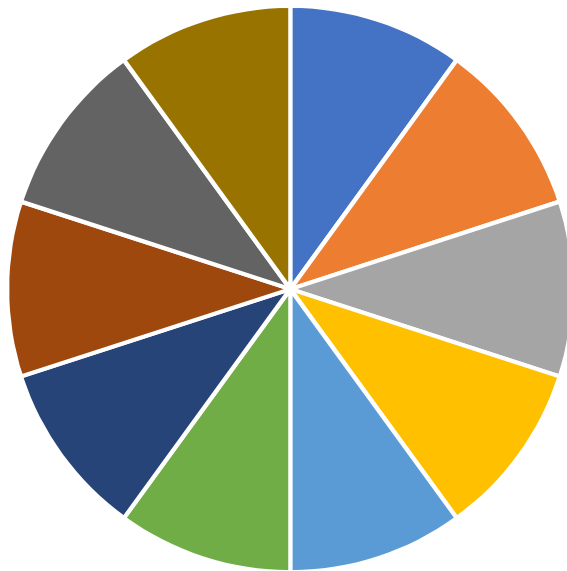
- Trust
- Respect
- Honesty
- Loyalty
- Compromise
- Forgiveness
- Kindness
- Good communication
- Sexual relationship
- Joy



TASK: Which characteristic do you think is the most important in a relationship? Why?

All these add up to make a happy and healthy relationship:

A Healthy Relationship



- •Trust
- •Respect
- •Honesty
- •Loyalty
- •Compromise
- •Forgiveness
- •Kindness
- •Good communication
- •Sexual relationship
- •Joy

The Church believes that sex is an important part of a married relationship but until you are married you should focus on the other elements of a health and happy relationship.

Characteristics of an Unhealthy Relationship

TASK: What do you think an unhealthy relationship looks like? What actions/attitudes might destroy a relationship? Make a list or a mind map



Characteristics of an Unhealthy Relationship

- Dishonesty
- Disrespect
- Cheating
- Control
- Suspicion
- Anger
- Violence
- A focus on sex

TASK:

1. Which quality/qualities do you think is/are the most unhealthy? Why?
2. How do you think each of these qualities destroy a relationship?

Challenge: Do you think you can repair a relationship if any of these exist? Explain your answer

Catholic Ideal of Love

TASK: Look up the Biblical passages and explain what they teach about the Catholic ideal of love

- **Ephesians 4:2**
- **Ephesians 4:32**
- **Ephesians 5: 25**
- **Mark 10:9**
- **Romans 12:10**
- **Psalms 143:8**

Challenge: How easy do you think it is to have a healthy relationship?

In today's society do you think a love that is described in the Bible is achievable? Explain your answer

Catholic Ideal of Love

- **Ephesians 4:2** – “with all **humility** and **gentleness**, with **patience**, bearing with one another in love”
- **Ephesians 4:32** – “be **kind** to one another, tender-hearted, **forgiving** one another, as God in Christ has forgiven you”
- **Ephesians 5:25** – “Husbands, love your wives, just as Christ loved the church and gave himself up for her”
- **Mark 10:9** – “Therefore what God has joined together, let no one separate.”
- **Romans 12:10** – “love one another with **mutual affection**; outdo one another in **showing honour**”
- **Psalms 143:8** – “Let me hear of your steadfast love in the morning, for in you I put my **trust**”

The Purpose of Sex

There are 5 statements below. You need to organise them into whether you think they are Catholic beliefs or not.

<u>Catholic View</u>	<u>Not Catholic View</u>
<ul style="list-style-type: none">• Sex should only happen inside a marriage.• Sex is about bringing two people together.	<ul style="list-style-type: none">• Sex is a sin.• Sex is the central part of any relationship.• Sex is not important, so it doesn't matter who you do it with.

The Purpose of Sex

There are three key purposes of sex in the Catholic Church:

- 1) Procreative
- 2) Unitive
- 3) Marital

Glossary

Spouse – A husband or wife
Exclusive act – Between only those two

Consummate – Completed or fulfilled

Adultery – Voluntary sexual intercourse between a person who is married and a person who is not their spouse

Artificial contraception – Unnatural methods used to prevent a pregnancy

Complete the work sheet by:

- 1) Defining each of the purposes of sex
- 2) Finding a quote that shows why Catholics believe that is a purpose of sex
- 3) Explaining why this is an important purpose of sex in the Catholic Church

Stretch: Do you think everyone agrees with these purposes of sex? Explain your view.

Marital

Definition:

Quote:

Explanation:

Unitive

Definition:

Quote:

Explanation:

Purposes of
Sex

Procreative

Definition:

Quote:

Explanation:

Marital

Definition: Sex should happen in a marriage

Quote: 'In marriage the **physical intimacy** of the **spouses** becomes a sign and pledge of **spiritual communion**' **CCC 2360**

Explanation: This is important because sex is part of the marriage vows and is an exclusive act of commitment between a married couple.

Unitive

Definition: Sex brings a couple together.

Quote:

'and the two shall become one flesh' Mark 10:8

Explanation: This is important because sex helps a couple to be closer and can deepen their love for each other.

Purposes of Sex

Procreative

Definition: Open to creating new life.

Quote:

'Each and **every marriage act** must remain open to the **transmission of life**'
Humanae Vitae 11

Explanation: This is important because a married couple promises to be open to accepting children from God, so sex should always be open to this.

The Catholic Church's View on Sex Before Marriage

"Because love is so great, so sacred and so unique, the Church teaches young people to wait until they are married before they start to have sexual relations"

TASK:

- What is the Catholic Church's teaching in response to this statement?
- What are the benefits of waiting until you are married to have sex?
 - Do you agree with this? Why/why not?

Sex Before Marriage

With the person next to come up with some ideas for why some people would agree or disagree with this statement:

'You should wait until marriage to have sex'

Yes, you should wait until marriage to have sex	No, you shouldn't wait until marriage to have sex
<ul style="list-style-type: none">• Sex is the commitment of a man to women it should be an exclusive act• Sex before marriage trivialises sex• The gift of virginity should be offered to their partner as a gift so they both feel special and loved• There is no chance of passing on STD's• If you have casual sex you can start to see people as just objects for pleasure	<ul style="list-style-type: none">• Many people may wait until they fall in love to have sex but this can happen before they get married• Casual sex is fine as long as no one is hurt emotionally• Use of contraception has allowed sex before marriage to become more common

What do you think?

'You should wait until marriage to have sex'

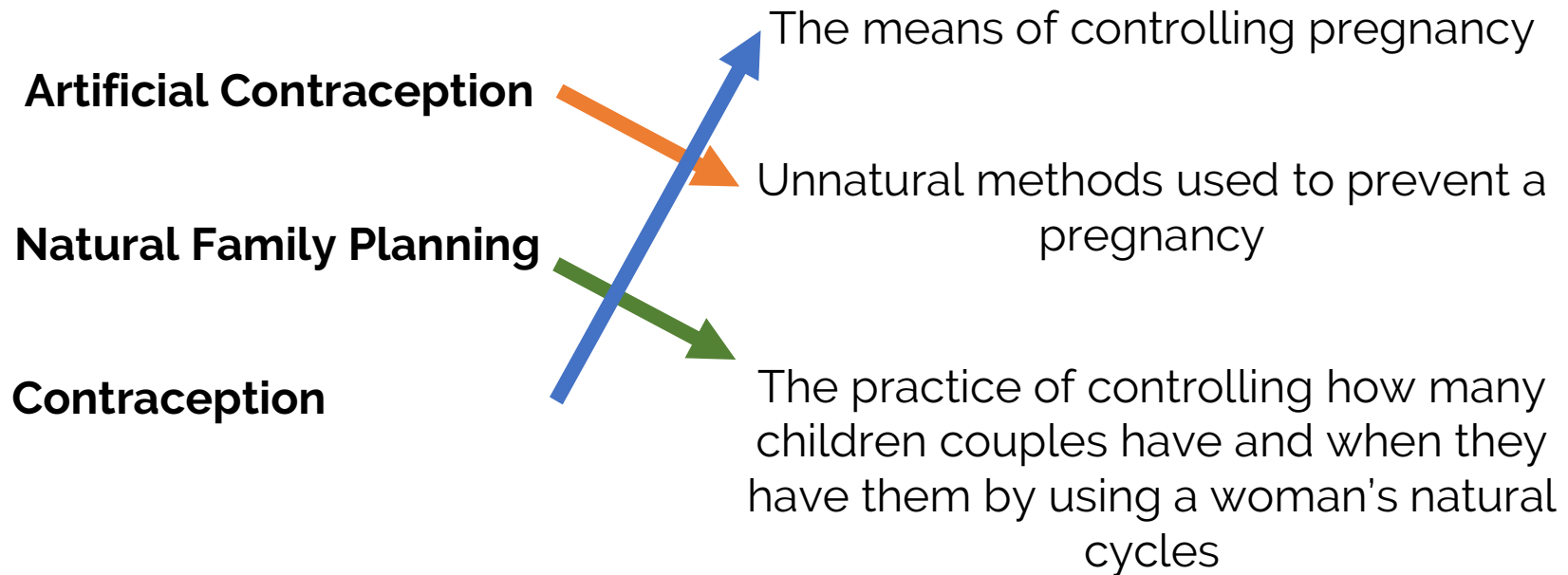
Write up a 6 mark answer to this statement:

1. **For**: Explain the Catholic view.
2. **Against**: Explain why someone would disagree with this statement.
3. **Conclusion**: Which side do you agree with and why?

Stretch: Try to use at least one quote in your answer.

Contraception

Match the key words to their definitions



The Church's Teachings

The Church teaches that family planning is only acceptable if it is _____. This means that they do not agree with the use of _____ contraception. This is because it interferes with God's _____.

_____ family planning uses a woman's natural cycles to avoid pregnancy. This is _____ because it uses the gift of a woman's monthly cycle and still leaves the final decision up to _____.

The Church teaches that using natural family planning is important for _____ parenthood.

'A Christian _____ couple may and should be responsible in using the gift and privilege of transmitting _____'

Youcat 420

Missing Words

God

Responsible

Plan

Artificial

Natural

Life

Acceptable

Natural

Married

Contraception: Different Views

In your groups discuss what might some other attitudes towards contraception be?

Why might people agree with the use of contraception?

What might some people believe the benefits of contraception might be?

How do you think Catholics would respond to these arguments?

Contrasting views on Contraception

Catholic View	Contrasting View	I believe...

Task: Complete the first two columns of the table with:

- 1) What a Catholic persons' view on contraception would be?
- 2) What a contrasting view in society would be?
- 3) Which do you agree with? And why do you agree with this?

Sex and Contraception

Go back through your original mind-map and cross out any incorrect beliefs you had and write up the correct ones.



Add at least three things you have learned this lesson.