



Physical Education

Extra-Curricular Clubs – w/c 23/02/2026

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Before School (07:15-08:15):</u>	<u>Lunch Time (12:55 – 13:30)</u>	<u>Lunch Time (12:55 – 13:30)</u>	<u>Lunch Time (12:55 – 13:30)</u>	<u>Lunch Time (12:55 – 13:30)</u>
Sixth Form Fitness Suite (NBO)	Year 7 Darts Club (Main Hall)	Year 8 Darts Club (Main Hall)	Sixth Form Basketball (MSL)	Year 11, 12 & 13 Darts Club (Main Hall)
<u>After School (15:15-16:25)</u>	<u>After School (15:15-16:25)</u>	<u>After School (15:15-16:25)</u>	Year 9 & 10 Darts Club (Main Hall)	<u>After School (15:15-16:25)</u>
KS4 & 6 th Form Fitness Suite and Dance Studio (ZFE)	Year 8 & 9 Fitness Suite (DMI)	Girls Fitness (NSC)	<u>After School (15:15-16:25)</u>	6 th Form Fitness Suite and Dance Studio (MSL / FCH)
Badminton All Years (External Coach)	Year 7 Netball (CHU / LWH)	Year 9 Boys Football (ZFE)	Year 10 & 11 Fitness Suite (TGR / NBO)	Year 7 Boys Football (DMI)
	Year 8 Football (MSL / LSC)	Year 10 Boys Football (ZFE)	Year 8 Netball (CHU)	Year 11 Boys Football (COR)
	Boys Rugby All Years (ZFE / BED / STH / MDA / DMI)	Year 7, 8, 9, 10 & 11 Girls Football (FCH)	Year 9 & 10 Netball (ABL)	
	Girls Rugby All Years (ZFE / BED / STH / MDA / DMI)	Table Tennis (CHU)	Year 9 & 10 Trampolining (LWH)	
	Sixth Form Volleyball (NSP)	Dance – All Years (ABL)	Lane Swimming (MSL)	
		6 th Form Football (MSL)	GCSE / BTEC Intervention (NGI)	