



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 12		Unit 1: Anatomy & Physiology and Unit 4: Leadership in Sport					
	Details	Unit 1: Body systems, effects of exercise, movement analysis Unit 4: Leadership in Sport: Qualities / characteristics of leaders, psychological factors associated with leadership, practical leadership coaching session.					
	Methods of Assessment	During this unit, student progress and attainment is assessed by: <ul style="list-style-type: none"> • Ongoing teacher assessment throughout. • External moderation by exam board. • Written exam in summer of year 12 (Unit 1). 					
	Use of ICT	<ul style="list-style-type: none"> • Word processing (Microsoft Word). • Video evidence of practical coaching. 				<ul style="list-style-type: none"> • Word processing (Microsoft Word). • Video evidence of practical coaching. 	

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 13		Unit 2: Fitness Training Programming for Health, Sport and Wellbeing and Unit 3: Professional Development in the Sports Industry					
	Details	Unit 2: Health and wellbeing, nutrition and training methods. Unit 3: Career & job opportunities, skills audit, recruitment and review of recruitment process.					Unit 2 Exam: Fitness Training and Programming for Health, Sport and Wellbeing.
	Methods of Assessment	During this unit, student progress and attainment is assessed by: <ul style="list-style-type: none"> • Ongoing teacher assessment throughout. • External moderation by exam board. • Written exam in summer of year 13 (Unit 2). 					
	Use of ICT	<ul style="list-style-type: none"> • Word processing (Microsoft Word). 					

Useful Resources

Students have access to the BTEC Sport course textbook.

Revision resources are also available on SharePoint through Teams.

Exam Board Specification: Pearson (<https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/btec-l3-national-cert-in-sport-spec.pdf>)