



KS4 Course Overview

BTEC Sport

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10		Component 1: Preparing participants to take part in sport and physical activity				Component 2: Taking part and improving other participants' sporting performance	
	Details	Types of sporting provision, equipment / technology for sport and preparing participants to take part in physical activity.				Components of fitness, participation in sport, the roles of officials and demonstration of methods to improve sporting technique.	
	Methods of Assessment	During this unit, student progress and attainment is assessed by: <ul style="list-style-type: none"> • Ongoing teacher assessment throughout. • External moderation by exam board. 				During this unit, student progress and attainment is assessed by: <ul style="list-style-type: none"> • Ongoing teacher assessment throughout. • External moderation by exam board. 	
	Use of ICT	<ul style="list-style-type: none"> • Word processing (Microsoft Word). • Video evidence of practical coaching. 				<ul style="list-style-type: none"> • Word processing (Microsoft Word). • Video evidence of practical coaching. 	

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11		Component 2 (Continued): Taking part and improving other participants' sporting performance		Component 3: Developing fitness to improve other participants' performance in sport and physical activity			
	Details	Components of fitness, participation in sport, the roles of officials and demonstration of methods to improve sporting technique.		Components of fitness, fitness testing, methods of training, motivation and goal setting.			1 x 1hr 30-minute paper: Developing fitness to improve other participants' performance in sport and physical activity
	Methods of Assessment	During this unit, student progress and attainment is assessed by: <ul style="list-style-type: none"> • Ongoing teacher assessment throughout. • External moderation by exam board. 		During this unit, student progress and attainment is assessed by: <ul style="list-style-type: none"> • Ongoing teacher assessment throughout. 			
	Use of ICT	<ul style="list-style-type: none"> • Word processing (Microsoft Word) • Video evidence of practical coaching. • Video evidence of sporting performance. 					

Useful Resources

Students have access to the BTEC Sport course textbook.

Revision resources are also available on SharePoint through Teams.

Exam Board Specification: Pearson (<https://qualifications.pearson.com/content/dam/pdf/btec-tec-awards/sport/2022/specification-and-sample-assessments/btec-tech-award-sport-spec.pdf>)