

Safeguarding Newsletter

Mar 2022

Welcome to March newsletter from the Safeguarding Team.

We aim to bring parents and students the latest, relevant help, advice and reference material on issues that we feel will be of importance to you.

The spotlight for this month's newsletter is Sexual Harassment - this topic has been talked about in the media and has recently been looked at by our students in PSHE lessons. It is important that we help our young people to form healthy relationships and not be afraid to speak out against any form of harassment.

What is sexual harassment- Sexual harassment is unwanted and unwelcome behaviour of a sexual nature which interferes with a student's right to learn, study, work, achieve, or participate in school activities in a comfortable and supportive atmosphere..

Under law and policies, sexual harassment is illegal and is prohibited in school settings. Sexual harassment may involve a boy harassing a girl, a girl harassing a boy, a boy harassing another boy, or a girl harassing another girl.

Calling Out Unacceptable Behavior

It is important for students to know that they can call out and report **anything** that makes them or someone else feel uncomfortable



Speaking to a member of staff at All Hallows - How to report a concern

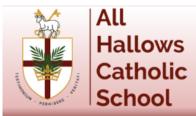
If you are a student and you or anyone you know has been harmed or is at risk of being harmed in any way, then please speak to a member of staff at All Hallows. We will be able to offer you help and support. You can speak to any teacher but you may decide to speak to your form tutor or Head of Year. You may prefer to speak to one of the Designated Safeguarding Leads (DSL), teachers who are responsible for Safeguarding. They are:

Mrs Fanshawe, Mr Rees, Mr Antrobus, Mrs Gill, Mr Carney or Miss Peters,



You are able to email any Safeguarding concerns to <u>dslaallhallows.net</u> using your school email account. We also have an area on SharePoint which is available for you to report any concern you may have. This link will take you to a form to complete and submit.

All students were reminded of this facility in a recent assembly by Mrs Fanshawe



Safeguarding Team: dsl@allhallows.net

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Our students have learnt what behaviour is not ok

It is **not** OK to grab, touch, or pinch the private body parts of another person.

It is **not** OK to grab another person's underwear or to pull someone's clothing up or down to show their underwear or body parts.

It is **not** OK to say silly or nasty things about anyone's private body parts.

It is not OK to make fun of someone for being a boy or being a girl.

It is **not** OK to tell stories about anyone's body parts or their private behaviour.

It is **not** OK to give an unwanted kiss or hug or to dare someone else to do that.

It is **not** OK to brush up against someone in a way that makes them feel bad.

It is **not** OK to pass notes, pictures, jokes, or cartoons that make someone feel uncomfortable

As part of our PSHE programme this term, students in Years 9-11 have attended the Unacceptable production by AlterEgo, an Applied Theatre company. The company use theatre to inspire change around complex social issues. The Unacceptable production focused on sexism, sexual harassment and sexual violence, which are, unfortunately increasing in prevalence within schools in the UK.





Talking to your child about sexual harassment: A guide for parents

https://www.childrenscommissioner.gov.uk/report/talking-to-your-child-about-online-sexual-harassment-a-guide-for-parents/?utm_source=16%
20December%20201%20C19&utm_medium=Daily%20Email%
20C19&utm_campaign=DfE%20C19

24/7 mental health crisis line for children, young people, and families

A new 24/7 mental health crisis line for children, young people and their families and carers in Surrey has launched.

The freephone number **0800 9154644** is available for children and young people up to the age of 18, including those with Special Educational Needs and Disability (SEND).

The new crisis line provides emotional wellbeing support, advice, and signposting to a range of community services for children, young people and their families and carers who are in a mental health crisis. No referral is needed. Click the link below for help.

Get help in a mental health crisis :: Surrey
and Borders
Partnership NHS Foundation Trust
(sabp.nhs.uk)

What good comes of speaking up



It stops it from happening again and gets **you or others** the help needed

It prevents it happening to someone else

It can help the **alleged perpetrator** get support they need to know what is right and wrong

It helps you to **talk** about it

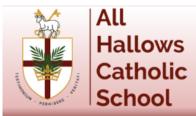
It could **stop** people from committing harm or committing crimes in the future



Counselling at All Hallows

Counselling is a space to identify and work through difficult feelings or issues in your life which may be causing distress with the help and support of a trained therapist. Counselling is about helping you to find your own answers to problems, an opportunity for you to look at your problems in a different way in a non-judgemental and safe environment.

To access this opportunity please contact your HOY or Mrs Fanshawe for more details.



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What do I need to do?



























For consultancy, training and advice, go to www.safeguardinginschools.co.uk

The NSPCC have launched a dedicated helpline for children and young people who have experienced abuse at school and also for worried adults and professionals that need support and guidance.

Young people and adults can contact the NSPCC 'Report Abuse in Education' helpline on 0800 136 663 or email help@nspcc.org.uk.

You can find further information from NSPCC regarding Understanding Sexual Behaviours in children. Via this link https://www.nspcc.org.uk/keeping-childrensafe/sex-relationships/sexual-behaviour-children/

Do you know the ages when children can start to use Social Media apps like Instagram, Facebook, Snapchat and WhatsApp?

The answer is 13 years old apart from WhatsApp which is 16! See further details by clicking below:

https://www.internetmatters.org/resources/what-age-can-my-child-start-social-networking/

Keeping our school records up-to-date

Are all your contact details up to date? If you change your home phone/email/mobile number, please let the school Front Office know, so that we have the most up-to-date contact details. We must store at least two emergency contact numbers for you.

KOOTH

As part of Mental Health services for young people. It is a free online counselling and emotional wellbeing support service providing young people aged 11-25 years (up to 25th birthday), with a free, safe and secure means of accessing support with their emotional health and wellbeing from a professional team of qualified counsellors.

Click here to go to Kooth.com to sign up





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